

# DUAA (From: Hajj and Umrah Guide by Talal bin Ahmad al-Aqeel)

## SUPPLICATIONS (DUAA)

It has been related that the Prophet <sup>PBUH</sup> said, "The best supplication is that on the Day of Arafah and the best of what I and the prophets before me has said is:

**"La ilaha ill-Allahu wahdahu la shareeka iah. Lahul-mulku wa la hul-hamdu wa huwa ala kulli shay'in qadeer"**

(There is no god but Allah alone with no partner. His is the dominion and His is all praise and He is over all things competent.)

He <sup>PBUH</sup> is also reported to have said, " **The most beloved words to Allah are four: Subhan-Allah, Al-hamdullillah, La ilaha ill-Allah and Allahu akbar.**

Therefore, one should repeat these words often with humbleness and presence of heart. He should mention Allah and supplicate him with words from the Qur'an and Sunnah at all times, but especially on this great day of Arafat, choosing the most comprehensive words of dua' and dhikr among which are:

- ♥ Subhan-Allahi wa bihamdihi, subhan-Allahil-atheem (I glorify Allah and with praise of Him, I glorify Allah, the Great.)
- ♥ La ilaha illa anta subhanaka, inni kuntu minath-thalimeen. (There is no god but You; I glorify You. Indeed, I have been among the wrongdoers.)
- ♥ La ilaha ill-Allah. Wa la nabudu illa iyyah. Lahun-nimatu wa la hul-fadhlu wa la huth-thanaul-hasan. (There is no god but Allah. We worship none but Him. His is the blessing and His is the favor and for Him is beautiful praise.)
- ♥ La ilaha ill-Allahu mukhliseena la hud-deena wa lau karihal-kafirun (There is no god but Allah; we are sincere to Him in religion although the unbelievers dislike it.)
- ♥ La haula wa la quwwata illa billah. (There is no power and no strength except through Allah.)
- ♥ Rabbana atina fid-dunya hasanatan wa fil-akhirati hasanatan wa qina adhaban-nar. (Our Lord, give us in this world what is good and in the Hereafter what is good and protect us from the punishment of the Fire.)

Allah, the Exalted, said in the Qur'an:

"And your Lord says, Call upon Me; I will respond to you'. Indeed, those who disdain My worship will enter Hell [rendered] contemptible." (40:60)

And the Prophet <sup>PBUH</sup> said, "**Your Exalted Lord is modest and generous; He is reluctant, when His servant raises his hands to Him, to return them to him empty**"

And he <sup>PBUH</sup> said, "No Muslim supplicates to Allah with a dua' free from sin and from that which cuts lies between relatives but that Allah gives him one Of three things: either a direct response to his supplication or the accumulation of its reward for him in the Hereafter or the prevention of an evil from striking him which is equal to it [i.e., to his effort in dua'] " Those present said, "Then, we will do it abundantly." He <sup>PBUH</sup> said, "Allah is more abundant."

## THE ETIQUETTE OF SUPPLICATION

- ♥ Sincerity toward Allah
- ♥ Beginning by praising Allah and invoking blessing upon the Prophet <sup>PBUH</sup> , then supplicating and closing as one began with praise of Allah and invoking blessing upon the Prophet <sup>PBUH</sup>
- ♥ Determination during supplication and certainty of response
- ♥ Persistence in supplication, and not giving up when the response is delayed
- ♥ Presence of mind and heart during supplication
- ♥ Supplicating during both easy and difficult times

- ♥ Calling upon none but Allah alone
- ♥ Avoiding supplication against one's wife, property, child or self
- ♥ Lowering the voice and supplicating neither loudly nor inaudibly
- ♥ Acknowledging sin and seeking forgiveness for it, and acknowledging Allah's favor and thanking Him for it
- ♥ Not making a show of supplication
- ♥ Concentration, humbleness. hope and fear
- ♥ Amending wrongs as a part of repentance
- ♥ Repeating a supplication three times
- ♥ Facing the Qiblah
- ♥ Raising the hands during supplication
- ♥ Wudhu before supplication when it is easy
- ♥ Politeness with Allah during supplication

The Prophet <sup>PBUH</sup> said:

# "Supplication is Worship."

And from the etiquette of supplications is

- ♥ Beginning with supplication for oneself and then others, like saying, "O Allah, forgive me and so-and-so".
- ♥ Pleading to Allah using His beautiful names and sublime attributes, or mentioning a good deed one has done or the supplication of a righteous person who is alive
- ♥ Certainty that one's food, drink and clothing are all halal
- ♥ Avoiding supplication for anything sinful or for severing ties of relationship
- ♥ Being one who orders what is right, forbids what is wrong and avoids sins

## Times during which supplication is answered:

- ♥ During the night
- ♥ After every prayer
- ♥ Between the adhan and iqamah
- ♥ In the last third of the night
- ♥ After the adhan for obligatory prayers
- ♥ During rainfall
- ♥ The last hour (before maghrib) on Friday
- ♥ When drinking Zamzam water, with sincere intention
- ♥ During prostration (sujud)

## Supplications which are answered

- ♥ That of a Muslim for his brother Muslim
- ♥ That on the Day of Arafah
- ♥ When Muslims are gathered for the remembrance of Allah
- ♥ That of a parent for his child or against his child
- ♥ That of a traveler
- ♥ That of a righteous child for his parents
- ♥ The dua from the Sunnah made following wudhu
- ♥ That made after stoning the small pillar
- ♥ That made after stoning the medium pillar
- ♥ That made inside the Kabah, and he who prays in the Hijr is inside the Kabah.
- ♥ That made upon as-safa
- ♥ That made upon al-Marwah
- ♥ That made at al-Mashar al-haram (or Muzdalifah)

**Undoubtedly, the believer supplicates to his Lord at all times and places,**

**and Allah is near to His servants. He has said,**

**"And when My servants ask you concerning Me indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me and believe in Me that they may be rightly guided." (2:186)**

**However, the aforementioned conditions and places are particularly favorable**

## CHOSEN SUPPLICATIONS

**These supplications, or whatever can be said of them with ease, are suitable for Arafat, Muzdalifah and other places where dua is recommended.**

**O Allah.** I ask of You pardon and well-being within my religion, my worldly life, my family and my property. O Allah, conceal my faults and calm my fears. O Allah, protect me from in front of me and from behind, on my right and on my left and from above me. And I seek refuge in Your greatness from being slain from below.

**O Allah.** grant me soundness in my body; O Allah, grant me soundness in my hearing; O Allah, grant me soundness in my sight. There is no god but You. O Allah, I seek refuge in You from disbelief, from poverty and from the punishment of the grave. There is no god but You. O Allah, You are my Lord; there is no god but You. You created me and I am Your servant, and I uphold Your covenant and [my] promise to You as much as I am able.

I seek refuge in You from the evil I have done. I acknowledge before You Your favor upon me and I acknowledge my sins, so forgive me. For indeed, none can forgive sins except You. O Allah, I seek refuge in You from anxiety and sorrow, I seek refuge in You from inability and laziness, and from stinginess and cowardice, and I seek refuge in You from being overcome by debt or oppressed by men. O Allah, make the start of this day amendment, its middle prosperity and its end success. And I ask of You the good of both this world and the Hereafter, O most merciful of the merciful.

**O Allah.** I ask of You [my] acceptance after an occurrence, a pleasant life after death, the bliss of looking at Your noble countenance and the longing to meet You without harmful adversity or having been misled. And I seek refuge in You from doing wrong or being wronged, from transgressing or being transgressed against and from committing an offense or sin that you will not forgive.

**O Allah.** I seek refuge in You from being returned to decrepit old age. O Allah, guide me to the best deeds and morals; none guides to the best of them except You. And divert from me the evil ones; none can divert them from me except You.

**O Allah.** Make good for me my religion, make my home spacious and bless for me my provision. O Allah, I seek refuge in You from harshness, heedlessness, humiliation and need. And I seek refuge in You from disbelief, disobedience, schism and showing off. And I seek refuge in You from becoming deaf and dumb, and from leprosy and the worst illnesses.

**O Allah.** Grant my soul consciousness of You and purify it; You are the best to purify it. You are its patron and its Lord. O Allah, I seek refuge in You from knowledge that has no benefit, from a heart that is not humble, from a soul that is not satisfied and from a supplication that is not answered.

**O Allah.** I seek refuge in You from the evil of what I have done and from the evil of what I have not done. O Allah, I seek refuge in You from the cessation of Your favors, from a change in the well-being You have granted, from Your sudden vengeance and from all that angers You.

**O Allah.** I seek refuge in You from destruction and decline and from drowning, being burned and senility. And I seek refuge in You from being struck by Satan at the time of death. And I seek refuge in You from a lethal snake bite and I seek refuge in You from greed becoming characteristic.

**O Allah.** I seek refuge in You from bad manners, deeds, desires and illnesses. And I seek refuge in You from overwhelming debt, the oppression of men and the malicious rejoicing of enemies.

**O Allah.** Make good for me my religion, which is the safeguard of my affairs, make good for me my world within which is my livelihood, make good for me my afterlife to which is my return. And make life for me an increase in all that is good, and make death for me relief from all that is evil. My Lord, assist me and do not assist [others] against me, and support me and do not support [others] against me. Guide me and facilitate guidance for me.

**O Allah.** Make me one who constantly remembers You, is constantly grateful to You, constantly obedient to You and constantly returning to You. My Lord, accept my repentance, wash away my sins, respond to my supplication, confirm my evidence, guide my heart, direct my tongue and remove resentment from my breast.

**O Allah.** I ask of You firmness in matters and determination in integrity, and I ask of You gratitude for Your favors and ability to worship You well. I ask of You a sound heart and a truthful tongue. And I ask of You from the good that You know and seek refuge in You from the evil that You know And I seek Your forgiveness for that which You know, and You are the knower of the unseen.

**O Allah.** Inspire me with wisdom and protect me from the evil of myself. O Allah, I ask of You ability to do good, to cease what is wrong, to love the poor, and that You forgive me and have mercy on me And when You intend a trial for Your servants, take me to You in death unaffected by it.

**O Allah.** I ask of You Your love and the love of those who love You and the love of every deed that brings me closer to You. O Allah, I ask of You the best request and the best supplication, the best success and the best reward. Keep me firm, make my balance heavy and my faith true, raise my position, accept my prayers and worship, and forgive my sins. And I ask of You the highest degrees in Paradise.

**O Allah.** I ask of You the beginnings of good and its endings, all it contains, its first, its last, its apparent and unapparent aspects, and the highest degrees in Paradise.

**O Allah.** I ask You to raise my repute, remove my burden, purify my heart, guard my chastity and forgive my sins.

**O Allah.** I ask You to bless my hearing, my sight, my form, my character, my family, my life, my work and to accept my good deeds. And I ask of You the highest degrees in Paradise.

**O Allah.** I seek refuge in You from the distress of trial, from the lowest level of misery, from the perversity of fate and from the malicious rejoicing of enemies. O Allah, turner of hearts, make my heart firm in Your religion. O Allah, director of hearts, direct our hearts to obedience of You.

**O Allah.** Give us increase and not decrease, honor us and do not despise us, grant us and do not deprive us, prefer us and do not prefer [others] over us. O Allah, make good the results of all our affairs and protect us from disgrace in this world and punishment in the Hereafter.

**O Allah.** Apportion to us a fear of You that will prevent us from disobeying You, and obedience to You that will convey us to Your Paradise, and certain faith that will lighten for us the calamities of this world. And grant us enjoyment of our hearing, sight and abilities as long as You grant us life, and make it remaining with us. And let our revenge be on those who have oppressed us, and support us against our enemies. Let not the world be our greatest concern or the limit of our knowledge. Let not our calamity be in our religion, and give not authority over us, due to our sins, to those who do not fear You and will show us no mercy.

**O Allah.** I ask of You deeds conducive to Your mercy and which invite Your forgiveness, and the benefit of every act of righteousness, freedom from every sin, the attainment of Paradise and escape from the Fire.

**O Allah.** Leave not for us a sin but that You have forgiven it, or a fault but that You have concealed it, or a problem but that You have relieved it, or a debt but that You have discharged it, or any need from the needs of this world and the next that You approve and is good for us but that You have fulfilled it, O most merciful of the merciful.

**O Allah.** I ask of You mercy from Yourself which will guide my heart, consolidate my ability, amend my affair, guard my secret, elevate my reputation, show me in a good light, purify my deeds, suggest to me integrity, repel from me ordeals and protect me from all evil.

**O Allah.** I ask of You success on the Day of Judgement, a happy life, the position of the martyrs, the company of the prophets and victory over enemies.

**O Allah.** I ask of You soundness of faith and faith with good morals and success followed by prosperity and from You, mercy, well-being, forgiveness and approval.

**O Allah.** I ask of You health, restraint, good morals and acceptance Of Your decree. O Allah, I seek refuge in You from the evil of myself and from the evil of every creature under Your control. My Lord is on a straight path.

**O Allah.** Indeed, You hear my words and see my position and know my secret and what I make known. Nothing about me is hidden from You, and I am a miserable one in need, calling for help and protection, apprehensive and afraid, acknowledging to You my sins. I ask You as one in need, pleading as a humble sinner, calling upon You with the supplication of one who is fearful and blind, one who has placed his neck before You, humbled his body to You and put his nose in the dust for You. May Allah bestow blessings and peace upon our prophet, Muhammed<sup>PBUH</sup>, and upon his family and companions.

## SUPPLICATION IS WORSHIP

### Duaa for Mounting Transport

**Bismillah. Al-hamdulillah.**

سُبْحَانَ الَّذِي سَخَّرْنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ ﴿١٣﴾  
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ ﴿١٤﴾

Glorified is He who Subjugated this for us, and [otherwise] we could not have made It compatible. Indeed, we, to our Lord will surely return. (Quran 43:13-14)

Al-hamdurillah, Al-hamdurillah, Al-hamdurillah. Allahu akbar, Allahu akbar, Allahu akbar. I glorify You, O Allah; indeed I have wronged, myself, so forgive me, for none can forgive sins except You.

### Duaa for Travel

**Allahu akbar, Allahu**

سُبْحَانَ الَّذِي سَخَّرْنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ ﴿١٣﴾  
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ ﴿١٤﴾

Glorified is He who Subjugated this for us, and [otherwise] we could not have made It compatible. Indeed, we, to our Lord will surely return. (Quran 34:13-14)

O Allah, we ask of You in this, our journey, righteousness and fear of You and [ability for] the deeds that please You. O Allah, facilitate for us this journey of ours and shorten for us its distance. O Allah, You are the companion in travel and the caretaker in the family. O Allah, I seek refuge in You from the hardship of travel, from a distressing sight and from a bad return regarding my property and family.

**For The return journey, one repeats the above supplication, adding. [We are] returning home, repentant, worshipping our Lord and praising Him.**

### Duaa Said Between the Yemeni Corner and the Black Stone

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ ﴿٢٠١﴾

Our Lord, give us in this world what is good and in the Hereafter what is and protect us from the punishment of the Fire. (Quran 2:201)

### Duaa While Standing at as-safa and al-Marwah

إِنَّ الصَّفَا وَالْمَرْوَةَ مِن شَعَائِرِ اللَّهِ

Indeed, as-safa and al-Marwah are among the symbols of Allah. I begin with that with which Allah began. (Quran 2:158) After reciting this, the Prophet<sup>PBUH</sup> began tawaf by ascending as-safa until he could see the Kabah, faced it, declared the oneness and greatness of Allah and said,

**"There is no god but Allah alone with no partner. His is the dominion and His is [all] praise and He is over all things competent. There is no god but Allah alone; He fulfilled His promise and supported His servant and defeated the [enemy] allies alone"**

He repeated it three times, making other supplications in between. And he<sup>PBUH</sup> did at al-Marwah the same as at as-safa,